

Support Group Participation Agreement

This Support Group...

Is an opportunity for...

Barix Clinics Patients,

People considering Barix Clinics' programs,

And their supportive family members or friends.

To...

Continue to learn to be successful in losing weight and adjusting to a new life through BARIX CLINICS's program

Provide mutual support and encouragement to one another in this process

You are welcome to participate in this group, if you agree to:

Share with others (as you are comfortable) your successes and failures, your questions and concerns, your lessons learned, your ideas and your feelings.

Listen respectfully to others, not interrupting or dominating the sharing, or speaking when it is someone else's turn.

Maintain confidentiality – personal information shared in the group is not to be shared with anyone else.

Maintain a positive attitude – whenever possible to be encouraging and helpful, refraining from negativity, gossip or complaining.

This group is specifically for people who are participating in BARIX CLINICS's program. It is not a general weight loss surgery support group.

We hope you find this group experience to be positive and helpful.

Your input and suggestions about the group and future meeting topics are always welcomed!

Please give your input to your Support Group Leader, or call Support Group Services at Barix Clinics at 800-282-0066.